May 15, 2020

TO: Covenant Place Residents
FROM: Management
RE: COVID-19 Information & Other Updates

Dear Resident,

Thank you for everything you are doing to keep yourself and your community safe. We are grateful to see you wearing your masks and maintaining a six foot distance from people when you are outdoors or in common areas.

RE-OPENING OF ST. LOUIS COUNTY: Some businesses will be starting to open with limitations for how many people may enter the business. Per St. Louis County Health Department and CDC Guidelines, older adults should continue to follow the current protocols of staying at home as much as possible, wearing a mask when in public, being diligent about handwashing and maintaining a minimum six foot distance from others.

GROCERY SHOPPING TRIPS: We will be resuming bus trips to the grocery store and will offer two trips on FRIDAYS, at 9:00am and 11:00am. We will be going to the Schnuck’s store at Olive and Spoede. There will be a limit of six riders on the bus. BUS RIDERS MUST WEAR A MASK. TEMPERATURES WILL BE TAKEN, PRIOR TO BOARDING THE BUS. The bus will be cleaned prior to each trip. Residents may choose one or the other time on a first come, first served basis. $2 bus fee may be placed in an envelope in the rent slot in Covenant Place II or by the management office in the CHAI building. The first trip will take place on Friday, May 22nd. Please call the office by Wednesday of each week to make your Friday grocery trip reservation: 314-432-1610

VISITORS: Per CDC and St. Louis County guidelines, we ask that you continue to limit visitors to those who provide you essential care. You are welcome to meet visitors outdoors in our patio and courtyard. We ask that you and your visitors wear a mask and that you maintain a six foot distance from each other.

DELIVERIES: When ordering items that will be delivered, please provide your phone number and specify that the delivery person will need to call at your building entrance to let you know that your package is here. You will need to retrieve the package. Delivery people should not be permitted access to walk through the buildings.
**USE OF MASKS:** St. Louis County and the CDC have recommended the use of masks for everyone when they leave their residences or when they are in proximity to others within their residence. We have provided masks for all residents and we ask that you wear your mask anytime you leave your apartment and are in the elevators or common areas. Your visitors must also wear a mask. If you have a caregiver who arrives without a mask, ask them to leave and come to the management office, located on the lower level of the CHAI building, so we may issue a mask to them to prevent exposing you to the virus. Per instructions from the St. Louis County Health Department, we will report home health and chore worker agencies that have employees who do not follow these protocols.

**ILLNESS:** Please let us know if you are unwell so we may stay in touch with you. If possible, please let us know if you go to the hospital.

**GATHERING IN COMMON AREAS:** Please continue to practice social distancing of a MINIMUM of six feet and please wear a mask at all times when you are with others. DO NOT move furnishings which have been positioned, per HUD guidelines, to prevent residents from using the furniture and congregating.

**FRIENDLY CALLS:** If you are feeling lonely and would like your Service Coordinator or a volunteer to give you a friendly call, please let us know.

**PROTECT YOURSELF:** The best way to avoid getting the virus is to stay in your apartment. If you feel you want to get out for a walk or to take out trash or get your mail, follow these simple guidelines:

1. Wash your hands for 20 seconds with soap and water.
2. Put on your mask.
3. When you leave your apartment, use your elbows to press elevator buttons and automatic door openers. Do not touch things with your hands.
4. Do not get on the elevator with others, wait until you have an empty elevator. If someone wants to get on with you, politely ask them to wait until the elevator is empty.
5. When you are out, stay a minimum of 6 feet away from others.
6. When you come back to your apartment, wash your hands and then take off your mask and then wash your hands again.
7. Be careful to keep the side of your mask that you keep by your face, clean.

**WEEKLY MEAL PROGRAM DELIVERY:** If you would like to have five Aging Ahead meals delivered to your door, please call: 314-292-7693 by Noon on Thursday, the week, before. We hope you are enjoying the games and treats that are being delivered to your door each week. Please know we are thinking of you and hope you stay safe and well!