

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 am CP Bus Grocery Trip** (Aldi's) 11:15 am Tai Chi 1:00 pm Final Art with Us Class** 1:30-2:30 pm Art Show & Reception in Bohm Social Hall**	2 10:00 am To Your Health 11:00 am Class in Motion 1:00 pm Get in the Baseball spirit! Come make a baseball keychain or bracelet** 1:15 pm Knitting/yarn crafts 1:30 pm Royal Bank-Cov II 5:00 pm Piano by Gene Jacobson	3 11:00 am Total Fitness & Balance 1:00 pm Covenant Chorale	4 11:00 am Tai Chi 2:30 pm JFCS Food Boxes 3:15 Cardinals Opening Day! Come watch the game together in the Bohm Social Hall!	5 10:00 am Trip to IKEA** 10:00 am Circle of Peers** 11:00 am Chair Yoga 1pm Movie: Bohemian Rhapsody 1:30 pm Citizenship classes for Russian speakers 5:00 pm Shabbat Dinner ** 6:00 pm Shabbat Services	6 6:00 pm Tenant Council Bingo
7 11:00—Exercise class	8 10:00 am CP Bus Grocery Trip** (Schnucks) 11:15 am Tai Chi	9 10:00 am To Your Health 11:00 am Class in Motion 12:00 pm Cooking Demo** Cooking with Quinoa 1:15 pm Knitting/yarn crafts 1:30 pm Royal Bank-Cov II 5:45 pm Movie - "Tootsie"	10 10:45 am-11:45 am St.L County Library 11:00 am Total Fitness & Balance 1:00 pm Covenant Chorale 2:00 - 3:30pm "The Rabbi is In" Meet in the Friendship Room** 3:30 pm Citizenship classes for Chinese speakers, Goldstein Room	11 PEST CONTROL 11:00 am Tai Chi 1:00 pm Movie "House of Flying Daggers" Shown in Chinese with English subtitles	12 10am bus to Walmart** 11:00 am Chair Yoga 1:00 pm Covenant Cabaret** Gateway Harmonica Club performs & help celebrate Shirley Appel's 100th birthday! 1:30 pm Citizenship classes for Russian speakers 5:00 pm Shabbat Dinner ** 6:00 pm Shabbat Services	13 6:00 pm Tenant Council Bingo
14 11:00—Exercise class 12:30 Covenant Café** Bayer Volunteers and Merle Scheff School of Dance performs	15 10:00 am CP Bus Grocery Trip** (Dierbergs) 11:15 am Tai Chi 4:00 pm Dinner Program Meeting	16 10:00 am Word Games & Coloring 10:00 am To Your Health 11:00 am Class in Motion 1:15 pm Knitting/yarn crafts 1:30 pm Royal Bank-Cov II, Library	17 11:00 am Total Fitness & Balance 1:00 pm Covenant Chorale 3:30 pm Citizenship classes for Chinese speakers, Goldstein Room	18 10:00 am Prize Bingo** 11:00 am Tai Chi 4:30 pm Passover Seder & Dinner** (RSVP dinner line - 292-7693)	19 Good Friday Passover Begins at Sundown 10:00 am Circle of Peers** 11:00 am Chair Yoga 12:30 Lunch to go, no dinner served (RSVP dinner line - 292-7693)** 1pm Movie: Exodus: Gods and Kings 1:30 pm Citizenship classes for Russian speakers	20 6:00 pm Tenant Council Bingo
21 Easter	22 10:00 am CP Bus Grocery Trip** (Schnucks) 11:15 am Tai Chi	23 10:00 am To Your Health 11:00 am Class in Motion 1:15 pm Knitting/yarn crafts 1:30 pm Royal Bank-Cov II, 2:00 pm Short Story Club - No pre-reading required.**	24 10:45 am-11:45 am St.L County Library 11:00 am Total Fitness & Balance 3:30 pm Citizenship classes for Chinese speakers, Goldstein Room 6:00 pm Covenant Chorale Concert! Enjoy some favorite folk songs!	25 PEST CONTROL 11:00 am Tai Chi 1:00 pm Games Day!** (Friendship Room) 1:00 pm Movie "Loving Vincent" The story of artist Vincent Van Gogh in a movie completely painted by hand 5:45 pm AW Healthcare presents "Smart Moves - Arthritis"	26 10:00am bus to Heritage Place** 11:00 am Chair Yoga 1 pm Movie: "Green Book" 1:30 pm Citizenship classes for Russian speakers 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services	27 6:00 pm Tenant Council Bingo
28 11:00—Exercise class	29 10:00 am CP Bus Grocery Trip** (Dierbergs) 11:15 am Tai Chi 12:00 pm Lunch Out at Cicis** (pizza, pasta & salad buffet)	30 10:00 am To Your Health 11:00 am Class in Motion 1:15 pm Knitting/yarn crafts 1:30 pm Royal Bank-Cov II		IMPORTANT NUMBERS OFFICE: 432-1610 ORDER DINNER: 292-7693 RPI: 991-1978 ST. LOUIS NORC: 442-3255	Many thanks to our Program funder 	

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