

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>IMPORTANT NUMBERS</b>  <b>OFFICE: 432-1610</b>  <b>ORDER DINNER: 292-7693</b>  <b>RPI: 991-1978</b>  <b>ST. LOUIS NORC: 442-3255</b>	<b>30</b> 10:00 am CP Bus Grocery Trip** (Dierbergs) 11:15 am Tai Chi 2:30 pm Panera distribution	<b>31</b> 10:00 am To Your Health 11:00 am Class in Motion <b>12:00 pm Lunch outing to Bandana's Bar-B-Q**</b> 1:15 pm Knitting/yarn crafts 1:30 pm Royal Bank-Cov II, Library <b>3:45 pm Charades!**</b>	<b>1</b> 10:45 am-11:45 am St.L County Library 11:00 am Fun & Fitness 1:00 pm Covenant Chorale	<b>2</b> 11:00 am Tai Chi <b>1:00 pm Come enjoy National Coloring Book Day with adult coloring pages and snacks</b> 3:30 pm Writers Club ** Meet in the Friendship Room <b>5:45 pm Movie - "Mrs. Doubtfire"</b>	<b>3</b> <b>10:00 am Circle of Peers**</b> 11:00 am Chair Yoga <b>1pm Movie: "The Commuter"</b> 1:30 pm Citizenship classes for Russian speakers 5:00 pm Shabbat Dinner ** 6:00 pm Shabbat Services	<b>4</b>  6:30 pm Tenant Council Bingo
<b>5</b>  11:00—Exercise class	<b>6</b> 10:00 am CP Bus Grocery Trip** (Aldis & Trader Joe's) 11:15 am Tai Chi 2:30 pm Panera distribution 6:00 pm Tenant Council Installation	<b>7</b> <b>10:00 am Celebrate Lucille Ball's birthday with video clips, trivia &amp; laughter</b> 10:00 am To Your Health 11:00 am Class in Motion 1:15 pm Knitting/yarn crafts 1:30 pm Royal Bank-Cov II, Library	<b>8</b> 11:00 am Fun & Fitness 1:00 pm Covenant Chorale	<b>9 PEST CONTROL</b> <b>10:30 am Trip to the Miniature Museum of Greater St. Louis.**</b> (\$5 resident/\$7 non-resident for bus & ticket) 11:00 am Tai Chi <b>2:30 pm JFCS Food Boxes</b> (2nd Thursday this month) <b>5:45pm ITN Gateway - learn about ITN's dignified transportation services for seniors</b>	<b>10</b> 11:00 am Chair Yoga <b>1:00 pm Covenant Cabaret "Soiree" &amp; Birthday Celebration**</b> 1:30 pm Citizenship classes for Russian speakers 5:00 pm Shabbat Dinner ** 6:00 pm Shabbat Services	<b>11</b>  6:30 pm Tenant Council Bingo
<b>12</b>  11:00—Exercise class	<b>13</b> <b>10:00 am Geshar Music Festival Concert at Covenant Place!**</b> <b>11:00 am CP Bus Grocery Trip** (Schnucks) Special time today only</b> 11:15 am Tai Chi 2:30 pm Panera distribution	<b>14</b> <b>10:00am Create beautiful &amp; colorful tile coasters**</b> 10:00 am To Your Health 11:00 am Class in Motion 1:15 pm Knitting/yarn crafts 1:30 pm Royal Bank-Cov II, Library	<b>15</b> <b>10:00-11:30 am "The Rabbi is In" Meet in the Friendship Room**</b> 10:45 am-11:45 am St.L County Library 11:00 am Fun & Fitness 3:30 pm Covenant Chorale <b>6:00 pm Covenant Chorale Performance!</b>	<b>16</b> <b>10:00 am Prize Bingo**</b> 11:00 am Tai Chi <b>12:30 am Movie "Crouching Tiger, Hidden Dragon" shown in Chinese with English subtitles</b> <b>5:45 pm AW Healthcare presents "What's In Your Flu Kit?"</b>	<b>17</b> <b>10:00 am Circle of Peers**</b> 11:00 am Chair Yoga <b>1pm Movie: "Overboard"</b> 1:30 pm Citizenship classes for Russian speakers 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services	<b>18</b>  6:30 pm Tenant Council Bingo
<b>19</b>  11:00—Exercise class	<b>20</b> 10:00 am CP Bus Grocery Trip** (Dierbergs) 11:15 am Tai Chi 2:30 pm Panera distribution	<b>21</b> 10:00 am To Your Health 11:00 am Class in Motion 1:15 pm Knitting/yarn crafts 1:30 pm Royal Bank-Cov II, Library <b>2:00 pm Short Story Club - No pre-reading required.**</b> <b>5:45 pm Music Trivia Game</b>	<b>22</b> <b>10:00 am Shopping Trip to Chesterfield Valley**</b> 11:00 am Fun & Fitness 1:00 pm Covenant Chorale <b>2:00 pm Book Club Discussion**</b>	<b>23</b> <b>PEST CONTROL</b> <b>10:00 am Chinese Cooking with Shushu**</b> 11:00 am Tai Chi <b>1:00 pm Game Day!**</b>	<b>24</b> 11:00 am Chair Yoga <b>1 pm Movie: "Borg vs. McEnroe"</b> 1:30 pm Citizenship classes for Russian speakers 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services	<b>25</b>  6:30 pm Tenant Council Bingo
<b>26</b>  11:00—Exercise class	<b>27</b> 10:00 am CP Bus Grocery Trip** (Schnucks) 11:15 am Tai Chi 2:30 pm Panera distribution	<b>28</b> 10:00 am To Your Health 11:00 am Class in Motion <b>12:00 pm Lunch outing to Olive Garden**</b> 1:15 pm Knitting/yarn crafts 1:30 pm Royal Bank-Cov II, Library	<b>29</b> 10:45 am-11:45 am St.L County Library 11:00 am Fun & Fitness 1:00 pm Covenant Chorale	<b>30</b> 11:00 am Tai Chi <b>5:45pm Birthday Celebration</b>	<b>31</b> <b>10:00 am Circle of Peers**</b> 11:00 am Chair Yoga <b>1 pm Movie: "Book Club"</b> 1:30 pm Citizenship classes for Russian speakers 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services	Many thanks to our Program funder  