


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LOCATION KEY: BOHM SOCIAL HALL IS IN COV II LOWER LEVEL ALL BUS TRIPS DEPART FROM OFFICE-COV II LL.	IMPORTANT NUMBERS Office: 432-1610 RPI: 991-1978 ST. LOUIS NORC: 442-3255 KITCHEN J MEAL PROG: 442-3149 BEAUTY SHOP: 997-5903	<p>Many thanks to our Program funder</p> 	28 11:00 Ikea Lunch and Shopping** 11:00 am Fun & Fitness 1:00 pm Covenant Chorale	1 PURIM! 10:00am Purim Megillah Reading with Rabbi Micah Buck-Yael 11:00 am Tai Chi 1:30 pm Wii Bowling 2:30 pm JFCS Food Boxes	2 11:00 am Chair Yoga 1:00 pm Movie: "LBJ" 1:30 pm Citizenship classes for Russian speakers - Friendship Room 1:30 Bus to Computer class at WU** 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services	3 6:30 pm Tenant Council Bingo
4 11:00—Exercise class	5 10:00 am CP Bus Grocery Trip** (Aldis & Trader Joe's) 11:15 am Tai Chi 2:30 pm Panera distribution 6:00 pm Tenants' Council Meeting	6 10:00 am To Your Health 11:00 am Class in Motion 1:30 pm Royal Bank-Cov II, Library 1:30 -3 pm Story Corps Special Kick-off!	7 Goldfarb Nurses Volunteer Day! 9:30 am Bus to History Museum "The Queens of Swing" perform** 10:45 am-11:45 am St. Louis County Library 11:00 am Fun & Fitness 1:00 pm Covenant Chorale	8 PEST CONTROL 9:30 am Chinese and Russian for beginners - special class highlighting their cultures! 11:00 am Tai Chi 1:00 pm Social, snacks & "Brain Games"***	9 11:00 am Chair Yoga 1:00 pm Covenant Cabaret Featuring "Soiree!"** 1:30 pm Citizenship classes for Russian speakers—Friendship Room 5:00 pm Shabbat Dinner ** 6:00 pm Shabbat Services	10 6:30 pm Tenant Council Bingo
11 Spring forward! Daylight savings time begins 11:00—Exercise class	12 10:00 am CP Bus Grocery Trip** (Schnucks) 11:15 am Tai Chi 2:30 pm Panera distribution	13 10:00 am To Your Health 11:00 am Class in Motion 1:30 pm Royal Bank-Cov II, Library 1:30 pm Cooking with quinoa Demo and samples.**	14 10:00 am CP bus to Chinese Grocery store** 11:00 am Fun & Fitness 12:00 pm Goldfarb Nurses Lunch & Presentation** 1:00 pm Covenant Chorale 2:00 - 3:30pm "The Rabbi is In" Meet in the Friendship Room**	15 10:00 am Circle of Peers Group** 11:00 am Tai Chi 1:30 pm Prize Bingo** 4:15 pm Citizenship classes for Russian speakers - Friendship Room 5:00 pm Dinner at Cici's Pizza **	16 11:00 am Chair Yoga 1pm Movie: "Coco" 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services	17 ST. PATRICK'S DAY! 6:30 pm Tenant Council Bingo
18 11:00—Exercise class 12:30 Covenant Café** "Courage" Russian Folk Dancers Perform	19 AARP Tax Day** 10:00 am CP Bus Grocery Trip** (Dierbergs) 11:15 am Tai Chi 2:30 pm Panera distribution	20 10:00 am To Your Health 11:00 am Class in Motion 1:30 pm Royal Bank-Cov II, Library 2:00 pm Short Story Club - no pre-reading required**	21 10:00 am Shopping to Chesterfield Commons** 11:00 am Fun & Fitness 1:00 pm Covenant Chorale 2:00 pm New Computer Class Taught in English (Library)** 3:00 pm New Computer class Taught in Russian (Library)**	22 PEST CONTROL 9:30 am Chinese and Russian for beginners 11:00 am Tai Chi 1:00 pm Game Day** 1:30 pm Wii Bowling	23 11:00 am Chair Yoga 1:00 pm Movie: "Three Billboards Outside Ebbing Missouri" 1:30 pm Citizenship classes for Russian speakers - Friendship Room 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services	24 6:30 pm Tenant Council Bingo
25 PALM SUNDAY 11:00—Exercise class	26 10:00 am CP Bus Grocery Trip** (Schnucks) 11:15 am Tai Chi 2:30 pm Panera distribution	27 10:00 am To Your Health 11:00 am Class in Motion 1:30 pm Royal Bank-Cov II, Library	28 10:00am Have a Happy Health Heart with snacks & giveaways! Presented by Delmar Gardens** 10:45-11:45 am STL County Library 11:00 am Fun & Fitness 1:00 pm Covenant Chorale 2:00 pm Book Club discussion of the novel, The Man with the White Sharkskin Suit, by Lucette Lagnado	29 11:00 am Tai Chi 1pm Movie: "Jumanji Welcome to the Jungle"	30 GOOD FRIDAY 11:00 am Chair Yoga 1:30 pm Citizenship classes for Russian speakers - Friendship Room 4:30 pm Passover Seder Dinner** 6:00 pm Shabbat Services	31 PASSOVER! 6:30 pm Tenant Council Bingo