

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LOCATION KEY: BOHM SOCIAL HALL IS IN COV II LOWER LEVEL ALL BUS TRIPS DEPART FROM OFFICE-COV II LL.	IMPORTANT NUMBERS Office: 432-1610 RPI: 991-1978 ST. LOUIS NORC: 442-3255 KITCHEN J MEAL PROG: 442-3149 BEAUTY SHOP: 997-5903	Many thanks to our Program funder 			1 11:00 am Chair Yoga 1:00 pm Movie: "The Glass Castle" 1:30 pm Citizenship classes for Russian speakers - Friendship Room 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services	2 6:30 pm Tenant Council Bingo
3 11:00—Exercise class	4 10:00 am CP Bus Grocery Trip** (Aldis & Trader Joe's) 11:15 am Tai Chi 2:30 pm Panera distribution	5 10:00 am To Your Health 11:00 am Class in Motion 1:15 pm Knitting with a Purpose 1:30 pm Royal Bank-Cov II, Library 5:30 pm Hanukkah Hullabaloo Performance**	6 9-12 Podiatry** 10:45 am-11:45 am St. Louis County Library 11:00 am Fun & Fitness 1:00 pm Covenant Chorale 5:30 Bus to Winter Wonderland at Tilles park**	7 11:00 am Tai Chi 2:30 pm— JFCS Food Boxes 3:00pm Center for Jewish Learning Study Group—Friendship Room**	8 11:00 am Chair Yoga 1:00 pm Winter Cabaret - Cheri Schear singing the "Great American Songbook" 1:30 pm Citizenship classes for Russian speakers—Friendship Room 5:00 pm Shabbat Dinner ** 6:00 pm Shabbat Services	9 6:30 pm Tenant Council Bingo
10 11:00—Exercise class	11 10:00 am CP Bus Grocery Trip** (Schnucks) 11:15 am Tai Chi 2:30 pm Panera distribution	12 10:00 am To Your Health 11:00 am Class in Motion 1:15 pm Knitting with a Purpose 1:30 pm Royal Bank-Cov II, Library Hanukkah Begins at Sundown	13 10:00 am Bus to Chesterfield Commons for shopping** 11:00 am Fun & Fitness 2:00 - 3:30pm "The Rabbi is In" Meet in the Friendship Room 3:00 pm Covenant Chorale 6:00pm Covenant Chorale Performance	14 PEST CONTROL 11:00 am Tai Chi 1:00pm Holiday cookie decorating**	15 10:00 am Chinese Tenant Meeting 11:00 am Chair Yoga 1:00 pm Movie: "Dough" 1:30 pm Citizenship classes for Russian speakers - Friendship Room 4:30 pm Cello performance prior to dinner 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services	16 6:30 pm Tenant Council Bingo
17 11:00—Exercise class 12:30 pm Covenant Café** MOSHE and Photo show presentation by Jill Evans Petzall	18 10:00 am CP Bus Grocery Trip** (Dierbergs) 11:15 am Tai Chi 2:30 pm Panera distribution	19 10:00 am To Your Health 11:00 am Class in Motion 1:00pm Bus to STL Art Museum** 1:15 pm Knitting with a Purpose 1:30 pm Royal Bank-Cov II, Library	20 10:00 am Create "Sea Glass" Vase** 11:00 am Fun & Fitness 1:30 pm Prize Bingo** 3:00 pm Russian Tenant Meeting	21 11:00 am Tai Chi 1:00 pm Game Day**	22 11:00 am Chair Yoga Offices Close at Noon 5:00 pm Shabbat Dinner**	23 6:30 pm Tenant Council Bingo
24 31 11:00—Exercise class New Year's Eve	25 Christmas Day Offices Closed	26 10:00 am To Your Health 11:00 am Class in Motion 1:15 pm Knitting with a Purpose 1:30 pm Royal Bank-Cov II, Library 2:30 pm Panera distribution	27 10:00 am CP Bus Grocery Trip** (Schnucks) 11:00 am Fun & Fitness 12:00pm Lunch at Lu Lu Chinese Restaurant** 5:45-7:45pm Tenant's Council New Year's Eve Party	28 PEST CONTROL 11:00 am Tai Chi 1:00 pm Social, snacks & "Brain Games"***	29 11:00 am Chair Yoga 1:00 pm Movie: "New Year's Eve" 1:30 pm Citizenship classes for Russian speakers - Friendship Room 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services	30 6:30 pm Tenant Council Bingo