

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>LOCATION KEY:</b> - Goldstein Community Center is in the CHAI lower level. - Bohm Social Hall is In Covenant II, lower level. - ALL BUS TRIPS DEPART FROM OFFICE-COV II, LL.	<b>IMPORTANT NUMBERS</b>  RPI: 991-1978 ST. LOUIS NORC: 442-3255 KITCHEN J MEAL PROG: 442-3149 BEAUTY SHOP: 997-5903	<b>1</b> 10:00 am To Your Health - Bohm 11:00 am Class in Motion - Goldstein 1:15 pm Knitting with a Purpose - Bohm <b>1:15 NHBZ Tisha B'Av Movie and Discussion (Bus from office)**</b> 1:30 pm Royal Bank-Cov II, Library	<b>2</b> <b>10:45 am-11:45 am, St. Louis County Library-Bohm</b> 11:00 am Fun & Fitness-Bohm 1:00 pm Covenant Chorale-Bohm	<b>3</b> 11:00 am Tai Chi – Goldstein <b>12:00 – 1:30 Health for Life Class &amp; Lunch - Bohm**</b> 2:30 pm JFCS Food Boxes-Goldstein <b>3:00 pm Center for Jewish Learning Study Group-Friendship Room**</b>	<b>4</b> 10:00 am ESL class - Goldstein 11:00 am Chair Yoga - Bohm <b>1:00 pm Movie: "The Zookeeper's Wife"- Bohm</b> 1:30 pm Citizenship classes for Russian speakers - Goldstein 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services	<b>5</b>  6:30 pm Tenant Council Bingo - Bohm
<b>6</b> 11:00 am Exercise class (Goldstein, LL)	<b>7</b> 10:00 am CP Bus Grocery Trip** (Schnucks) 11:15 am Tai Chi –Goldstein 2:30 pm Panera/Sara Lee Products distribution—Bohm	<b>8</b> 10:00 am To Your Health –Bohm 11:00 am Class in Motion- Goldstein 1:15 pm Knitting with a Purpose - Bohm 1:30 pm Royal Bank-Cov II, Library 5:00 pm <b>RESCHEDULED Dinner at Hodak's **</b> (Bus from office)	<b>9</b> <b>10 am -Coffee with Jessica, the new Activity/Engagement Manager - Bohm**</b> 11:00 am Fun & Fitness -Bohm 1:00 pm Covenant Chorale - Bohm	<b>10</b>  <b>PEST CONTROL</b>  11:00 am Tai Chi – Goldstein <b>12:00 – 1:30 Health for Life Class &amp; Lunch - Bohm**</b>	<b>11</b> 10:00 am ESL class Goldstein 11:00 am Chair Yoga –Bohm <b>1:00 pm Covenant Cabaret** Bohm—St. Louis Strutters &amp; Co!!</b> 1:30 pm Citizenship classes for Russian speakers—Goldstein 5:00 pm Shabbat Dinner ** 6:00 pm Shabbat Services	<b>12</b>  <b>2:00 - Farmer's Market - Bohm</b>  6:30 pm Tenant Council Bingo - Bohm
<b>13</b> 11:00 am Exercise class (Goldstein, LL)	<b>14</b> 10:00 am CP Bus Grocery Trip** (Aldi) <b>10:00 am Legal Assistance ** Office</b> 11:15 am Tai Chi – Goldstein <b>1:00 pm - Ice Cream with Jessica, the new Activity Manager - Bohm**</b> 2:30 pm Panera/Sara Lee -Bohm	<b>15</b> 10:00 am To Your Health –Bohm 11:00 am Class in Motion- Goldstein <b>1:00 pm Shopping Trip to Galleria Mall **</b> (Bus from office) 1:15 pm Knitting with a Purpose - Bohm 1:30 pm Royal Bank-Cov II, Library	<b>16</b> 11:00 am Fun & Fitness-Bohm 1:00 pm Covenant Chorale-Bohm	<b>17</b> 11:00 am Tai Chi – Goldstein <b>1:30 pm Prize Bingo - Bohm**</b>	<b>18</b> 10:00 am ESL class - Goldstein 11:00 am Chair Yoga - Bohm <b>1:00 pm Movie: "Going in Style"- Bohm</b> 1:30 pm Citizenship classes for Russian speakers - Goldstein 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services	<b>19</b>  6:30 pm Tenant Council Bingo - Bohm
<b>20</b> 11:00 am Exercise class (Goldstein, LL)  <b>12:30 pm Covenant Café**</b> - B'nai Amoona sponsors	<b>21</b> 10:00 am CP Bus Grocery Trip** (Schnucks) <b>11:45 Solar Eclipse Viewing at Mirowitz School**</b> (Bus from office) 11:15 am Tai Chi – Goldstein 2:30 pm Panera/Sara Lee-Bohm	<b>22</b> 10:00 am To Your Health - Bohm 11:00 am Class in Motion - Goldstein 1:15 pm Knitting with a Purpose Bohm 1:30 pm Royal Bank - Cov II, Library	<b>23</b> 10:45 am-11:45 am, St. Louis County Library-Bohm 11:00 am Fun & Fitness-Bohm 1:00 pm Covenant Chorale-Bohm <b>6:00 pm Covenant Chorale Performance after dinner - Bohm</b>	<b>24</b> PEST CONTROL  11:00 am Tai Chi – Goldstein <b>1:00 pm - Chocolate Party! - Bohm**</b>	<b>25</b> 10:00 am ESL class-Goldstein 11:00 am Chair Yoga –Bohm <b>1:00 pm Movie: "Gifted" - Bohm</b> 1:30 pm Citizenship class for Russian speakers—Goldstein 5:00 pm Shabbat Dinner ** 6:00 pm Shabbat Services	<b>26</b>  <b>2:00 - Farmer's Market - Bohm</b>  6:30 pm Tenant Council Bingo—Bohm
<b>27</b> 11:00 am Exercise class (Goldstein, LL)	<b>28</b> 10:00 am CP Bus Grocery Trip** (Dierbergs) 11:15 am Tai Chi-Goldstein 2:30 pm Panera/Sara Lee-Bohm	<b>29</b> 10:00 am To Your Health –Bohm 11:00 am Class in Motion-Goldstein <b>12:00—Game Day and Lunch** - Bohm</b> 1:15 pm Knitting with a Purpose Bohm 1:30 pm Royal Bank– Cov II, Library	<b>30</b> <b>10:00—Baking with Jessica**</b> 11:00 am Fun & Fitness-Bohm 1:00pm Covenant Chorale-Bohm	<b>31</b> 11:00 am Tai Chi – Goldstein <b>3:00 pm Center for Jewish Learning Study Group-Friendship Room**</b> <b>5:00 pm Dinner at Bandanas BBQ - (Bus from office)**</b>	Many thanks to our Program funder 	