

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LOCATION KEY: Goldstein Community Center is located CHAI lower level. MPR (Multipurpose Room) is on the Lower Level of Covenant II. Friendship Room is in Covenant II,	1 10:00 am CP Bus Grocery Trip** (Leaves from Cov II by office) 11:15 am Tai Chi (CHAI, LL) 2:30 pm Panera/Sara Lee Product	2 11:00 am Class in Motion (CHAI, LL) ALL NEW! 1:00 pm Knit Wits (MPR)** 1:30 pm Royal Bank (Library)	3 9:00-10:00 am Mobile Library (MPR) 11:00 am Fun & Fitness with Charlie Foxman (MPR) 1:00 pm Covenant Chorale	4 11:00 am Tai Chi (CHAI, LL) 11:30 am Food program—Taste of Russia ** (MPR), Cov II, lower level	5 10:00 am ALDI's Creve Coeur** 11:00 am Chair Yoga (MPR) 1:00 pm Movie; "Mother's Day" (MPR), Cov II, lower level	6 6:30 pm Tenant Council Bingo (MPR)
7 11:00 am Exercise class with Jill Abrams (CHAI LL)	8 10:00 am CP Bus Grocery Trip** (Leaves from Cov II by office) 11:15 am Tai Chi (CHAI, LL)	9 11:00 am Class in Motion (CHAI, LL) ALL NEW! 1:00 pm Knit Wits (MPR)** 1:00 pm Beading/Crafts (MPR) **	10 9:00 am OATS Grocery Trip** 11:00 am Fun & Fitness with Charlie Foxman (MPR) 1:00 pm Covenant Chorale	11 PEST CONTROL 10:00 am Tour of Chocolate Chocolate Factory **lunch on your own at Cunetto's on The Hill 11:00 am Tai Chi (CHAI, LL)	12 10:00 am Family Dollar & Subway Field trip ** 11:00 am Chair Yoga (MPR) 1:00 pm Covenant Cabaret;	13 6:30 pm Tenant Council Bingo (MPR)
14 11:00 am Exercise class with Jill Abrams (CHAI LL)	15 10:00 am CP Bus Grocery Trip** (Leaves from Cov II by office) 11:15 am Tai Chi (CHAI, LL) 2:00pm Geshher Music Festival Performance Cov II MPR**	16 10:00 am Center For Speech & Therapy (Memory & Hearing program)** (MPR) 11:00 am Class in Motion (MPR) 1:00 pm Knit Wits (MPR)** 1:30 pm Royal Bank (Library)	17 9:00 am Mobile Library (MPR) 11:00 am Fun & Fitness (MPR) 1:00 pm Covenant Chorale (MPR)	18 11:00 am Tai Chi (CHAI, LL) 1:30 pm Trivia with Rich Niemann** (Friendship Room) Cov II, lower level 3:00 pm Mussar class (Friendship Room)	19 9:00 am OATS; Walmart Trip 10:00 am Bus tour Downtown, including: Arch grounds, Ballpark Village, lunch on your own at Crown Candy Kitchen ** 11:00 am Chair Yoga (MPR)	20 6:30 pm Tenant Council Bingo (MPR)
21	22 10:00 am CP Bus Grocery Trip (Leaves from Cov II by office) 11:15 am Tai Chi (CHAI, LL)	23 11:00 am Class in Motion (MPR) 1:00 pm Knit Wits (MPR)** 1:30 pm Royal Bank (Library)	24 9:00 am OATS Grocery Trip** 11:00 am Fun & Fitness (MPR) 1:00 pm Covenant Chorale (MPR)	25 PEST CONTROL 11:00 am Tai Chi (CHAI, LL) 1:00 pm Current Events	26 11:00 am Chair Yoga (MPR) 1:00 pm Movie; "Dear Eleanor" (MPR)	27 6:30 pm Tenant Council Bingo (MPR)
28 11:00 am Exercise class (MPR)	29 10:00 am CP Bus Grocery Trip 11:15 am Tai Chi (MPR) 1:00 pm Reader's Circle (Friendship Room) **	30 11:00 am Class in Motion (MPR) 1:00 pm Knit Wits (MPR)** 1:30 pm Royal Bank (Library)	31 9:00 am Mobile Library (MPR) 11:00 am Fun & Fitness (MPR)	IMPORTANT NUMBERS RPI: 991-1978 ST. LOUIS NORC: 442-3255		Many thanks to our Program funder 