





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 am Exercise Class (MPR)	2 10:00 am Panera Bread Distribution all buildings 11:15 am Tai Chi (MPR) 1:00-2:30pm RPI Sock Hop** 3:00 pm CP Bus Grocery** (Leaves from Cov I Lobby)	3 9:30 am Mahjong (Vending Rm) - Cov I 10:00 am ESL class (Harmony Rm) 11:00 am Class in Motion (MPR) 1:00 pm Knit Wits (MPR) 1:30 pm Royal Bank (Cov I Dining Room) 2:00 pm To Your Health (Cov I Dining Rm)	4 11:00 am Fun & Fitness (MPR) 1:00 pm Covenant Chorale (MPR) 6:00 pm Covenant Choir concert (Royal Dining Rm)	5 10:00 am ESL class (Harmony Rm) 11:00 am Tai Chi (MPR) 2:00 pm CP Bus Aldi's (Leaves from Cov I)** 3:00 Mussar class (Harmony Rm)	6 11:00 am Chair Yoga (MPR) 1:00 pm Movie; "I'll See You In My Dreams"-(MPR) 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services	7 10:00 am Shabbat Services (Cov I) 6:30 pm Tenant Council Bingo (Royal Dining Room)
8 11:00 am Exercise Class (MPR) 12:30 pm Covenant Café – Sponsored by Washington University Service Organization, Dance performance by Pizazz ** 	9 10:00 am Legal Advisor ** 10:00 am Panera Bread Distribution all buildings (MPR) 11:15 am Tai Chi (MPR) 1:00 pm Veteran's Day Event **Refreshments 7:00 pm Yiddish Class	10 9:30 am Mahjong (Vending Rm) - Cov I 10:00 am ESL class (Harmony Rm) 11:00 am Class in Motion (MPR) 1:00 pm Knit Wits (MPR) 1:30 pm Royal Bank (Cov I Dining Room) 2:00 pm To Your Health (Cov I Dining Rm)	11 9:00 am Mobile Library 11:00 am Fun & Fitness (MPR) 1:00 pm Covenant Chorale (MPR)	12 10:00 am ESL class (Harmony Rm) 11:00 am Tai Chi (MPR) 1:00 pm Music & Memories "The Beatles" (MPR) ** 2:30 pm JF&CS food boxes (Royal Dining Room) 3:00 Mussar class (Harmony Rm) PEST CONTROL	13 11:00 am Chair Yoga (MPR) 1:00 pm Movie; "Tomorrowland"-(MPR) 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services	14 6:30 pm Tenant Council BIG Bingo (Royal Dining Room)
15 11:00 am Exercise Class (MPR)	16 10:00 am Panera Bread Distribution all buildings (MPR) 11:15 am Tai Chi (MPR) 1:00 pm Legislative Update** Refreshments served 2:00 pm CP Bus Grocery Trip** (Leaves from Cov I Lobby) 5:00 pm Alzheimer's Education Event—JCC	17 9:30 am Mahjong (Vending Rm) 10:00 am ESL class (Harmony Rm) 11:00 am Class in Motion (MPR) 1:00 pm Knit Wits (MPR) 1:30 pm Royal Bank (Cov I Dining Rm) 2:00 pm To Your Health (Cov I Dining Rm)	18 9:00 am OATS Grocery Trip ** 11:00 am Fun & Fitness (MPR) 1:00 pm Covenant Chorale (MPR) 1:00 pm—2:30 pm Intergenerational Fall Program with Daycare kids from the JCC—4&5 year olds **(MPR)	19 10:00 am ESL class (Harmony Rm) 11:00 am Tai Chi (MPR) 1:00—3:00 pm Trivia Game hosted by (Rich Niemann), former professional basketball player **(MPR) 3:00 pm Mussar class (Harmony Rm)	20 9:00 am OATS Walmart Trip ** 11:00 am Chair Yoga (MPR) 1:00 pm Covenant Cabaret - Missouri Pageant Queen Show** (MPR) 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services	21 6:30 pm Tenant Council Bingo (Royal Dining Rm)
22 11:00 am Exercise Class (MPR)	23 10:00 am Panera Bread Distribution all buildings (MPR) 11:15 am Tai Chi (MPR) 2:00 pm CP Bus Grocery Trip** (Leaves from Cov I Lobby) 7:00 pm Yiddish class (Royal Dining Rm)	24 9:30 am Mahjong (Vending Rm) 10:00 am Torah Study (Cov I Lobby) 10:00 am ESL class (Harmony Rm) 11:00 am Class in Motion (MPR) 1:00 pm Knit Wits (MPR) 1:30 pm Royal Bank (Cov I Dining Room)	25 11:00 am Fun & Fitness (MPR) 1:00 pm Covenant Chorale (MPR) PEST CONTROL	26  Office Closed	27 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services Office Closed	28 6:30 pm Tenant Council Bingo (Royal Dining Rm)
29 11:00 am Exercise Class (MPR)	30 10:00 am Panera Bread (MPR) Distribution all bldgs 11:15 am Tai Chi (MPR) 1:00 pm CP Reader's Cir (Harmony Rm) 2:00 pm CP Bus Grocery Trip**	 Tenant Council Bingo Every Monday, Tuesday, Thursday and Saturday.	Many thanks to our Program funder 	IMPORTANT NUMBERS RPI: 991-1978 ST. LOUIS NORC: 442-3255 JCC MEAL PROG: 442-3149 BEAUTY SHOP: 997-5903	LOCATION KEY: Harmony Room is located off Covenant I Lobby. MPR (Multipurpose Room) is on the Lower Level of Covenant II. Vending Room is located off Covenant I Lobby.	