







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Many thanks to our program funder</p> 	<p>LOCATION KEY: Harmony Room is located off Covenant I Lobby.</p> <p>MPR (Multipurpose Room) is on the Lower Level of Covenant II.</p> <p>Vending Room is located off Covenant I Lobby.</p>	 <p>Tenant Council Bingo Every Monday, Tuesday, Thursday and Saturday at 6:30 pm</p>	<p>IMPORTANT NUMBERS RPI: 991-1978 ST. LOUIS NORC: 442-3255 JCC MEAL PROG: 442-3149 BEAUTY SHOP: 997-5903</p>	<p>1 10:00 am ESL class (Harmony Rm) 11:00 am Tai Chi (MPR) 1:00 pm Crafts with our own "Rosy Weinstein (sign up required) - (MPR)</p> 	<p>2 11:00 am Chair Yoga (MPR) 1:00 pm Movie; "The Age Of Adaline"-(MPR) 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services</p>	<p>3 10:00 am Shabbat Services (Cov I) 6:30 pm Tenant Council Bingo (Royal Dining Room)</p>
<p>4 11:00 am Exercise Class (MPR)</p>	<p>5 10:00 am Panera Bread Distribution all buildings (MPR) 11:15 am Tai Chi (MPR) 2:00 pm CP Bus Grocery Trip** (Leaves from Cov I Lobby)</p>	<p>6 9:30 am Mahjong (Vending Rm) - Cov I 10:00 am ESL class (Harmony Rm) 11:00 am Class in Motion (MPR) 1:00 pm Knit Wits (MPR) 1:30 pm Royal Bank (Cov I Dining Room) 2:00 pm To Your Health (Cov I Dining Rm)</p>	<p>7 9:00 am Podiatrist ** 9:45 am Silver Stages: Grupo Atlantico at History Museum** Lunch on Own at Museum 11:00 am Fun & Fitness (MPR) 1:00 pm Covenant Chorale (MPR)</p>	<p>8 10:00 am ESL class (Harmony Rm) 11:00 am Tai Chi (MPR) 2:30 pm JF&CS Food Boxes (Royal Dining Room) 3:00 pm Mussar class (Harmony Rm)</p> <p>Pest Control</p>	<p>9 11:00 am Chair Yoga (MPR) 1:00 pm Movie; "Alexander and the Terrible, Horrible, No Good, Very Bad Day" (MPR) 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services</p>	<p>10 6:30 pm Tenant Council Bingo (Royal Dining Room)</p>
<p>11 11:00 am Exercise Class (MPR) 12:30 pm Covenant Café (JOLT) Entertainment provided by STL Guitar Society</p> 	<p>12 10:00 am Panera Bread Distribution all buildings (MPR) 10:00 am Legal Advisor ** 11:15 am Tai Chi (MPR) 7:00 pm Yiddish Class (Dining Rm)</p>	<p>13 9:30 am Mahjong (Vending Rm) 10:00 am ESL class (Harmony Rm) 11:00 am Class in Motion (MPR) 11:15 am Lunch at Pasta House** (Lunch on own) 1:00 pm Knit Wits (MPR) 1:30 pm Royal Bank (Cov I Dining Room) 2:00 pm To Your Health (Cov I Dining Room)</p>	<p>14 9:00 am OATS Grocery Trip ** 9:00 am Mobile Library (MPR) 10:00 am –12:30 pm HEALTH AND WELLNESS FAIR (Royal Dining Room) 11:00 am Fun & Fitness (MPR) 1:00 pm Covenant Chorale (MPR)</p>	<p>15 10:00 am ESL class (Harmony Rm) 11:00 am Tai Chi (MPR) 2:00 pm Memories & Music (Judy Garland) - MPR</p>  <p>3:00 pm Mussar class (Harmony Rm)</p>	<p>16 9:00 am OATS Walmart Trip ** 11:00 am Chair Yoga (MPR) 1:00 pm Movie; "Pitch Perfect" (MPR) 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services</p>	<p>17 6:30 pm Tenant Council Bingo (Royal Dining Room)</p>
<p>18 11:00 am Exercise Class (MPR)</p>	<p>19 10:00 am Panera Bread Distribution all buildings (MPR) 11:15 am Tai Chi (MPR) 2:00 pm CP Bus Grocery Trip** (Leaves from Cov I Lobby)</p>	<p>20 9:30 am Mahjong (Vending Rm) 10:00 am ESL class (Harmony Rm) 11:00 am Class in Motion (MPR) 1:00 pm Knit Wits (MPR) 1:30 pm Royal Bank (Cov I Dining Room) 2:00 pm To Your Health (Cov I Dining Rm)</p>	<p>21 11:00 am Fun & Fitness (MPR) 1:00 pm Covenant Chorale (MPR) 2:00-4:00 pm Shredding Truck (Cov I)</p>  <p>3:00 pm High Tea (MPR)</p>	<p>22 10:00 am ESL class (Harmony Rm) 11:00 am Tai Chi (MPR) 2:00 –4:00 pm Shredding Truck (Cov I) 3:00 pm Mussar class (Harmony Rm)</p> <p>Pest Control</p>	<p>23 11:00 am Chair Yoga (MPR) 1:00 pm Covenant Cabaret : "Joyce and Cantor Murray Hochberg" (MPR) 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services</p>	<p>24 6:30 pm Tenant Council Bingo (Royal Dining Room)</p>
<p>25 11:00 am Exercise Class (MPR) 11:00—3:00 pm Primetime Senior Expo at the JCC Staenberg Building 5:00 pm Speed Dating—JCC</p>	<p>26 10:00 am Panera Bread Buffet (MPR) 11:15 am Tai Chi (MPR) 1:00 pm CP Reader's Cir (Harmony Rm) 7:00 pm Yiddish Class (Dining Rm)</p>	<p>27 9:30 am Mahjong (Vending Rm) 10:00 am ESL class (Harmony Rm) 10:00 am Torah Study (Royal Dining) 11:00 am Class in Motion (MPR) 1:00 pm Knit Wits (MPR) 1:30 pm Royal Bank (Cov I Dining Room) 2:00 pm To Your Health (Cov I Dining Room)</p>	<p>28 9:00 am OATS Grocery Trip ** 9:00 am Mobile Library (MPR) 11:00 am Fun & Fitness (MPR) 1:00 pm Covenant Chorale (MPR)</p>	<p>29 10:00 am ESL class (Harmony Rm) 11:00 am Tai Chi (MPR) 3:00 pm Mussar class (Harmony Room)</p>	<p>30 10:00 am Chinese Tenant Meeting(MPR) 11:00 am Chair Yoga (MPR) 1:00 pm Movie; "Little Boy" (MPR) 5:00 pm Shabbat Dinner** 6:00 pm Shabbat Services</p>	<p>31 6:30 pm Tenant Council Bingo (Royal Dining Room)</p>