

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>CHECK IT OUT!</b></p>  <p><b>NEW PROGRAMS</b></p> <p>Want to be involved with the programs we offer? Join the <u>Program Steering Committee!</u></p> <p><b>JF&amp;CS Food Boxes</b> Pick up the 2<sup>nd</sup> Thursday of the month in the CHAI ESL Rm. 2:30-3:30 pm</p> <p><b>Tenant Council Bingo</b> Every Monday, Tuesday, Thursday and Saturday at 6:30 pm</p> 	<p>Many thanks to our program funder</p> 		 <p><b>Covenant Place Bus Trips:</b> \$2 Shopping Trips \$3 Excursions/Events</p>	<p><b>1</b></p> <p>9:00 am Podiatrist  <b>10:00 am Walmart/Sam's **</b>            11:00 am Fun &amp; Fitness Exercise            1:00 pm Covenant Chorale            3:00 pm Wii Bowling</p>	<p><b>2</b></p> <p>11:15 am Tai Chi            3:00 pm Mussar Class (Harmony Rm)</p>	<p><b>3</b></p> <p><b>OFFICE CLOSED – INDEPENDENCE DAY HOLIDAY</b>            5:00 pm Shabbat Dinner**            6:00 pm Shabbat Services</p> 	<p><b>4</b></p> <p>6:30 pm Tenant Council Bingo</p>
	<p><b>5</b></p> <p>11:00 am Exercise Class</p>	<p><b>6</b></p> <p><b>10:00 am Panera Breakfast Buffet (MPR)</b>            10:00 am Legal Advice **            11:15 am Tai Chi            1:00 pm Tech Tutor Class (Library)  <b>2:00 pm CP Bus Grocery Trip**</b>  <b>**Tenant Council 6:00 pm</b></p>	<p><b>7</b></p> <p><b>9:00 am Mobile Library (new time)</b>  <b>9:30-11:00 am Maj Jong</b>(Harmony Rm)            11:00 am Class in Motion            1:00 pm Knit Wits/Craft Corner            1:30 pm Royal Bank            2:00 pm To Your Health</p>	<p><b>8</b></p> <p>9:00 am OATS Grocery Trip **            11:00 am Fun &amp; Fitness Exercise            1:00 pm Covenant Chorale            3:00 pm Wii Bowling</p>	<p><b>9</b></p> <p>11:15 am Tai Chi  <b>1:00 pm Meet &amp; Greet w/Gay (Board Room)</b>            2:30 pm JF&amp;CS Food Boxes            3:00 pm Mussar Class (Harmony Rm)  <b>Pest Control</b></p>	<p><b>10</b></p> <p>10:00 am Chair Yoga  <b>1:00 pm Movie: "Unbroken"</b>            5:00 pm Shabbat Dinner**            6:00 pm Shabbat Services</p>	<p><b>11</b></p> <p>6:30 pm Tenant Council Bingo</p>
	<p><b>12</b></p> <p>11:00 am Exercise Class</p>	<p><b>13</b></p> <p><b>10:00 am Panera Bread Distribution all buildings (MPR)</b>            11:15 am Tai Chi            1:00 pm Tech Tutor Class (Library)  <b>2:00 pm CP Bus Grocery Trip **</b>            7:00 pm Yiddish Class</p>	<p><b>14</b></p> <p><b>9:30-11am Maj Jong</b>(Harmony Rm)            11:00 am Class in Motion            1:00 pm Knit Wits/Craft Corner            1:30 pm Royal Bank            2:00 pm To Your Health  <b>2:00 pm CP Bus to "Fro Yo"***</b></p>	<p><b>15</b></p> <p><b>10:00 am Global Market **</b>            11:00 am Fun &amp; Fitness Exercise            1:00 pm Covenant Chorale            3:00 pm Wii Bowling</p>	<p><b>16</b></p> <p>11:15 am Tai Chi            3:00 pm Mussar Class (Harmony Rm)</p>	<p><b>17</b></p> <p>11:00 am Chair Yoga  <b>1:00 pm Covenant Cabaret **</b>  <b>July Sisters &amp; July Birthday Celebration</b>            5:00 pm Shabbat Dinner**            6:00 pm Shabbat Services</p>	<p><b>18</b></p> <p>6:30 pm Tenant Council Bingo</p>
	<p><b>19</b></p> <p>11:00 am Exercise Class</p>	<p><b>20</b></p> <p><b>10:00 am Panera Bread Distribution all buildings (MPR)</b>            11:15 am Tai Chi            1:00 pm Tech Tutor Class (Library)  <b>2:00 pm CP Bus Grocery Trip **</b></p>	<p><b>21</b></p> <p>9:00 am Mobile Library  <b>9:30-11 am Maj Jong</b> (Harmony Rm)            11:00 am Class in Motion            1:00 pm Knit Wits/Craft Corner            1:30 pm Royal Bank            2:00 pm To Your Health</p>	<p><b>22</b></p> <p>9:00 am OATS Grocery Trip **            11:00 am Fun &amp; Fitness Exercise            1:00 pm Covenant Chorale            3:00 pm Wii Bowling  <b>6:00 pm Covenant Chorale performance – Royal Dining Rm.</b></p>	<p><b>23</b></p> <p>11:15 am Tai Chi  <b>1:00 pm NEW "Music &amp; Memories" program**</b>            3:00 pm Mussar Class (Harmony Rm)  <b>Pest Control</b></p>	<p><b>24</b></p> <p><b>10:00 am CP Bus ALDI Trip **</b>            11:00 am Chair Yoga  <b>1:00 pm Movie: "Bagdad Café"</b>            5:00 pm Shabbat Dinner**            6:00 pm Shabbat Services</p>	<p><b>25</b></p> <p>6:30 pm Tenant Council Bingo</p>
	<p><b>26</b></p> <p>11:00 am Exercise Class</p>	<p><b>27</b></p> <p><b>10:00 am Panera Bread Distribution for all buildings (MPR)</b>            11:15 am Tai Chi  <b>1:00 pm CP Reader's Circle</b> (Harmony)            1:00 pm Tech Tutor Class (Library)  <b>2:00 pm CP Bus Grocery Trip **</b></p>	<p><b>28</b></p> <p>10:00 am Torah Study w/ Rabbi            11:00 am Class in Motion            1:00 pm Knit Wits/Craft Corner            1:30 pm Royal Bank            2:00 pm To Your Health</p>	<p><b>29</b></p> <p>11:00 am Fun &amp; Fitness Exercise            1:00 pm Covenant Chorale  <b>2:00 pm CP Heritage Plaza Trip**</b></p>	<p><b>30</b></p> <p><b>10:00 am Chocolate Tour **</b>            11:15 am Tai Chi</p>	<p><b>31</b></p> <p>11 am Chair Yoga  <b>1:00 pm Movie: "American Sniper"</b>            5:00 pm Shabbat Dinner**            6:00 pm Shabbat Services</p>	<p><b>IMPORTANT NUMBERS</b>            RPI: 991-1978            ST. LOUIS NORC: 442-3255            JCC MEAL PROG: 442-3149            BEAUTY SHOP: 997-5903</p>